**Day 1**

**Supplies:** For this week’s lesson you will need one piece of small construction paper for each student and a large piece of white for each group. You will need six different colors of construction paper so that everyone in a group of five to six will have a different color for their hand.  The students will be drawing their hand and then cutting it out.  A visual is attached to give you an idea.  Scissors and glue.

**I. Hand-out Hands (10-12 min)**

Put students into groups of five or six.  Hand out a different color of construction paper to each member of the group.   Have the students trace their hand and then cut out.

**II. Writing on Hands  (7-10 min)**

Directions:Turn your hand so that the thumb is on your right side & write responses to questions independently on your hand.

Questions:1. How would you describe yourself and your culture (values, traditions, and interests)?  
2. What are the different roles you play in life? Student, son/daughter, sibling, peer, athlete, musician, etc…

**III. Read-aloud (7-10 min)**

Ask students to read what they wrote on their hands in their groups.   Have each group make a list of commonalities.

**Day 2**

**IV. Commonalities (7-10 min)**

Hand the large piece of construction paper.  Have the group cut a circle large enough for their hands to go around the outside.  If the group wants to cut a different shape, they can as long as their group’s hands can fit around the outside.  Have each group create a word splash of their group’s commonalities in the circle.

**IV. Build the figure! (4-6 min)**

Show participants the model and ask them to build their groups figure.

**V. Conclusion:  (5 min)** Ask groups to share commonalities and thoughts, and make closing remark.

1. What is the purpose in building this figure?   
2. How many had 5+/10+ words on their hand? How many commonalities did your group have?   
3. Were you reminded/surprised by something you heard someone share?

* We are complex individuals with complex lives; we have a lot going on at home, school, family, homework, extracurricular activities, etc…
* Developing relationships is how we can appropriately interact with each other.
* The easiest way to build a relationship is by finding common ground.

**V. Closing Remarks & Activity (7-10 min)**

Share-out: Have groups pair up with another groups to share what commonalities they have with other groups.

Does anyone want to share an example of how a relationship they built successfully supported them?

**Extension (if you have time)** Have the whole group share out some commonalities they found with other groups and record these on a poster/large piece of butcher paper.  Hang the all the groups “Spectrum of Hands” in your classroom with the poster of class commonalities in the middle.