


Name: \_\_\_\_\_ Class: \_\_\_\_\_

# CYBER BULLY VICTIM - TEXTING

Text bullying is when someone is sending mean, false, embarrassing or hurtful text messages to or about someone using their phone.

Read the scenario below and answer the questions.



Emma has been receiving horrible text messages over the last few weeks from an unknown number calling her nasty names. These texts have started to come every day during class and even night when she is at home. Emma has been showing signs of anxiety every time her phone goes off and she doesn't talk much anymore. She doesn't know who is sending them and is too afraid to tell her parents about it because she doesn't want them to take away her phone.

1) What do you think Emma should do in this situation?

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2) What would you do if Emma told you about these texts?

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3) What could end up happening if Emma allows this harassment to continue?

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4) Why do you think Emma won't talk to anyone about this?

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5) What could you do if you heard who was responsible for these messages?

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# CYBER BULLY VICTIM - INSTAGRAM

Bullying using Instagram often involves people publically humiliating others for all to see. Harassment can also exist via private direct messages too.

Read the scenario below and answer the questions.



Monique decided to set up an Instagram account as everyone else her age seems to have one. She has been using it to post selfies a lot: she puts in a lot of effort for each picture, sometimes taking up to 30 photos to find just one that she likes. She feels a lot of pressure to take a perfect photo as some people can be really cruel in the comments, constantly telling her she has a big nose and that she is ugly. Sometimes these comments even appear to come from "strangers".

- 1) What do you think Monique should do in this situation?  
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- 2) How do you think Monique might be feeling?  
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- 3) Why do you think the bullies chose to use Instagram to insult Monique's appearance?  
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- 4) What could the lasting effects be on Monique if this cyber bullying continues?  
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- 5) What could you do if you see a nasty comment on Monique's Instagram page?  
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