

Integrity and Tolerance

The background features a stylized soccer ball with dark blue and light blue panels. A hand with a brown, textured sleeve is shown holding the ball from the top. The overall color scheme is blue and white.

Bullying vs. Conflict
How are they different?

Today we will be discussing the differences between bullying and conflict. You will need **notebook/paper** and a **pencil/pen** to take notes.

What is Bullying?

Bullying is characterized aggressive behavior that is intentional and that involves an imbalance of power or strength and is typically repeated over time.

There are several forms of bullying:

Verbal (name-calling)

Physical (punching, pushing)

Social (leaving someone out of a game or group on purpose)

Extortion (stealing someone's money or toys)

Cyberbullying (using computers, cell phones, and internet)

Sexual

Fact: Bullying happens to someone
playground every seven minutes in

Facts about Bullying

Verbal bullying is the most common form of bullying. Being called names constantly can make a person feel bad about themselves!

Bullying affects other people too! Bystanders may not speak up because they are afraid of being bullied.

Bullies can be any size or shape. People who bully are more likely to get arrested as adults.

What is a Conflict?

Conflict is a struggle between two or more people who think they are right.

Conflict occurs naturally as we interact with one another. It is a normal part of life that we will not always agree with other people about the things we want, what we think, or what we want to do.

Most conflicts arise in the moment because people of the same relative amount of power see the same situation from two different points of view.

Examples of Conflict

- Two siblings share a bedroom and do not agree on what color to paint the walls.
- Two strangers clash over a place in a movie line.
- Two friends want to wear the same outfit to a school dance.
- Children argue over who gets to go first.
- Teenagers dispute who should babysit on a Saturday night.

Is it Bullying or Conflict?

- Number your paper 1-5.
- On the next slides you will read 5 different scenarios.
- Write if the scenarios is conflict or bullying with your reasoning of why.

Scenario #1

On Thursday afternoon, the results of who made cheerleader are posted. On Friday during lunch, a group of girls who made the cheerleading squad walk by a girl who did not make it. One of the girls says, "See you in cheerleading practice today." They all start laughing and walk off. Later that day, they repeat the aggressive behavior at lunch and in Spanish class. The target goes to the counselor's office in tears. Is this bullying?

Scenario #2

Julie's mother calls the school because she claims her daughter is being bullied, because Laura doesn't want to be her daughter's friend anymore. She goes on to say that Julie hasn't been invited to a birthday party at Laura's house and rarely talks to her anymore. Mom reports, "this situation has devastated Julie . . . she can't do her school work . . . I just don't know what we're going to do." Is this bullying?

A cartoon illustration of a person's torso, showing a white shirt, a brown belt, and a blue jacket. The background is a solid blue color.

Scenario #3

While walking through the cafeteria, Jessie pulled out Mark's seat from under him and he fell to the floor. Mark hit really hard and everyone started laughing. Is this bullying?

A cartoon illustration of a person's face, showing the eyes, nose, and mouth. The person is wearing a blue shirt. A blue speech bubble with a white border is positioned in the upper center of the image, containing the text 'Scenario #4'.

Scenario #4

Every time Trevor speaks in class, Howard makes comments about how funny he sounds. Howard also commented about other student's ethnicity and religious beliefs. Is this bullying?



Scenario #5

It seems as if every day Collin and Matthew start calling each other names, taking each other's things, and both often lose control of their anger. Both Collin and Matthew, who consider each other friends, are about the same size and hang out with the same group at school. Is this bullying?

Why should I care?

If you bully somebody off campus, you can still be given school consequences.

Bullying is against the law! On top of school consequences, you could be charged by police.

Demonstrating Tolerance and Empathy toward others helps you to be a better, more friendly person who people want to be around!