Bullying Warning Signs

Things Bullies Do…

The following behaviors and traits may indicate that a student is bullying others or, if bullying isn’t yet evident or hasn’t been reported, has the potential to become a bully. Look over bullying behavior in your designated groups.

Group 1

\_\_\_\_ 1. Enjoys feeling powerful and in control.

\_\_\_\_ 2. Seeks to dominate and/or manipulate peers.

\_\_\_\_ 3. May be popular with other students, who envy his or her power.

\_\_\_\_ 4. Are sometimes physically larger and stronger than his or her peers.

\_\_\_\_ 5. Is impulsive.

\_\_\_\_ 6. Loves to win at everything; hates to lose at anything. Are both a poor winner (boastful, arrogant) and poor looser.

Group 2

\_\_\_\_ 7. Seems to get satisfaction or pleasure from others’ fear, discomfort, or pain.

\_\_\_\_ 8. Seems overly concerned with others “disrespecting” him or her; equates “respect” with fear.

\_\_\_\_ 9. Seems to have little or no empathy for others.

\_\_\_\_ 10. Seems unable or unwilling to see things from another person’s perspective or “walk in someone else’s shoes.”

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| \* From The Bully Free Classroom By Allan L. Beane, Ph.D.,Free Spirit Publishing Inc., Minneapolis, MN; 800/735-7323 ([www.freespirit.com](http://www.freespirit.com)).This page may be photocopied for individual, classroom, or group work only. |

\_\_\_\_ 11. Seems willing to use and abuse other people to get what he or she wants.

\_\_\_\_ 12. Defends his or her negative actions by insisting that others “deserved it,” “asked for it,” or “provoked” him or her; a conflict is always someone else’s “fault.”

Group 3

\_\_\_\_ 13. Are good at hiding negative behaviors or doing them where adults can’t notice.

\_\_\_\_ 14. Gets excited when conflicts arise between others.

\_\_\_\_ 15. Stays cool during conflicts in which he or she is directly involved.

\_\_\_\_ 16. Blames other people for his or her problems.

\_\_\_\_ 17. Refuses to accept responsibility for his or her negative behaviors.

\_\_\_\_ 18. Shows little or no remorse for his or her negative behaviors.

Group 4

\_\_\_\_ 19. Lies in an attempt to stay out of trouble.

\_\_\_\_ 20. Expects to be “misunderstood,” “disrespected,” and picked on; attacks before he or she can be attacked.

\_\_\_\_ 21. Seeks/craves attention; seems just as satisfied with negative attention as positive attention.

\_\_\_\_ 22. Has a strong sense of self-esteem.

\_\_\_\_ 23. May have problems at school or at home; lacks coping skills & doesn’t know how to make real friends.